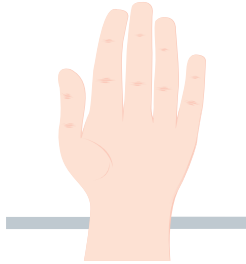


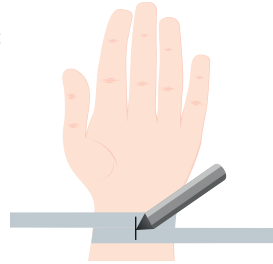
## Bracelets

Step 1:



Wrap a thin strip of paper around your wrist

Step 2:



Mark the meeting point with a pen

Step 3:

in mm (1cm = 10mm)



Take a print of the pdf and cut the scale given on the right

Once you have measured your wrist size, use the following chart to determine your bracelet size.

Wrist Size (cm) (approx)	Bracelet Size (cm)
14.6 - 15.8	17.1
16.5 - 17.7	19.5
18.4 - 19	20.3
20-20.5	21.6

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